

DINNER

[STARTERS]

SPRING ROLLS

ginger and garlic marinated
julienned vegetables, glass
noodles, served crispy, with soya
lime & peanut sauces 10 | V+

SEAFOOD CAKES

panko crusted, fresh salsa,
garlic aioli, micro salad 12

TEMPURA AVOCADO

avocado wedges, lightly
fried in a tempura batter,
teriyaki glaze 10 | GF,V+

TRIO OF DIPS

black bean hummus,
artichoke & asiago,
spinach & cream cheese,
grilled pita, house pickled
vegetables 13 | V

BAKED BRIE

sundried tomato pesto, fresh
parmesan, grilled pita 12 | GF,V

[SALADS]

+ chicken 5
+ shrimp 5
+ tofu 4

THAI CRUNCH SALAD

shredded nappa & red cabbage,
carrots, iceberg lettuce, cilantro
lime vinaigrette, thai peanut sauce,
crispy wontons, roasted peanuts
small 8, large 11 | V+

CAESAR SALAD

crisp romaine lettuce, smoked
bacon, herbed croutons, garlic
aioli, shaved parmesan
small 8, large 11

HOUSE SALAD

spring mix, apples, brie,
caramelized onion, tomato,
cucumber, roasted garlic &
thyme vinaigrette
small 8, large 11 | GF,V

[MAINS]

BEEF TENDERLOIN

grilled Ontario AAA beef tenderloin,
seasonal vegetables, roasted garlic &
scallion mashed potatoes, blue cheese
cream sauce \$ MKT | GF

BRAISED LAMB SHANK

seasonal vegetables, roasted
garlic & scallion mashed potatoes,
red wine demi 27 | GF

SUPREME OF CHICKEN

stuffed with wild mushrooms & leeks,
roasted new mini potatoes, seasonal
vegetables, rosemary demi 24 | GF

BUTTER CHICKEN

tender pieces of chicken,
basmati rice, cucumber mint
raita, spiced papadum 21

MANGO SALMON

oven roasted salmon loin, basmati
rice, stir fried vegetables, mango
salsa & coulis 24 | GF,DF

ROASTED PORTOBELLO MUSHROOM

mixed peppers, black beans, corn, parsnips,
poached tomatoes, cauliflower "rice",
spiced carrot puree 19 | V+

[NOODLES]

CHICKEN FETTUCINE

roasted chicken, bacon, onions,
mushrooms, butternut squash,
swiss chard, herb cream sauce 19

SAUSAGE PENNE

sausage, mushrooms, peppers,
onions, chipotle tomato cream 19

STIR FRY

chow mein noodles,
stir fried vegetables,
soya mirin glaze 17 | V+

SPICY THAI NOODLES

rice noodles, stir fried vegetables,
coconut soya lime sauce 18 | GF,V+
+ chicken 5
+ shrimp 5
+ tofu 4